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| **Date** | **User** | **Sample Type** | **Rotor** | **Number of tubes** | **Cycle duration** | **Speed** | **RPM or RCF** | **Temperature** | **Number of runs with these settings** |
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**Make certain that your load is balanced!**

**If you do not know what a balanced load is, do not use this centrifuge!**

**Once you have a balanced load, flip this page over and fill in the information.**